

Body, Disease, and Emotional Issues

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Body/ Disease	Emotional Cause	Body/ Disease	Emotional Cause	Body/ Disease	Emotional Cause	Body/ Disease	Emotional Cause
Abdominal problems	Stopping some process, Fear	Asthma	Stifled emotions, Past lives fears acknowledged in this life	Chest	Relationship issues, feel worthless, low self-esteem	Eyes	Not wanting to open eyes, Fear of today
Abuse	Inadequacy, Lack of self-love	Back	Lack of support, Money issues, Unloved, Stored anger	Chronic Disease	Feel unsafe, Unable to change	Eyes (Near-sighted)	They tend to live for today; no future plan, Fear of the future
Aching	Craving for love	Baldness	Tension	Cold	Mental Confusion	Eyes (Far-sighted)	They keep planning future that leads their thoughts to confusions
Acne	Self-dislike	Bladder	Fear of letting go	Cold hands and feet	Lack of self-trust	Flabs	Sadness, Holding other's or your own emotion in your body
Addiction	Not facing fear, Lack of self-love	Blood problem	Lack of joy	Cold & flu	It symbolizes cleansing	Feet	Related to security and survival.
Alcoholism	Self-rejection, Guilt	Bones	Past lives and Memories	Constipation	Hanging on to old beliefs	Fever	Anger
Allergies	Blockage in intestine/stomach, Unable to digest issues	Blood Pressure	Blockages in freedom, Unsolved emotional problems	Colon	Not accepting changes for emotional reasons	Flu	Body indicating you to slow down
Alzheimer	Denial to see and accept the world as it is	Breast (Left)	Lack of nurture	Coma	Escaping from situation or people	Fibroids	Confusion about being loved, Holding on to pain for long
Anorexia	Fear of rejection	Breast (Right)	Resistance in sharing love, Over-protection	Cramps/Stiffness	Unable to adjust to natural changes in life	Frigidity	Denial of joy. Bad feelings towards sexual pleasures
Ankle problem	Inflexibility, Inability to accept the joys of life	Bronchitis	Helplessness to change situation that is close to your heart	Depression	Feel unloved-unwanted, Unrevealed anger	Gas	Indigestible ideas
Anxiety	Unresolved fear of past experience	Burns	Suppressed inner anger	Digestive problem	Suppressed anger. Unable to accept things	Gum problem	Not sticking to decision, Unable to make decision
Arm problem	Capacity to hold life experiences; Right-Regret; Left-Helplessness	Calves	Moving forward and avoiding past issues	Dizziness	Scattered thoughts	Headache /Hitting your head	It is a wakeup call to pay attention to the things you have been ignoring.
Arthritis	Inflexibility, Feel unloved	Cancer	Unresolved deep hurt	Ear	Denial to hear	Hands	Holding on or letting go
Athlete's foot	Unable to move forward with ease	Cavity	Unable to accept new concepts	Elbow	Inflexibility, Unable to accept new changes	Hearing problem	Not wanting to hear what is going on around you

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Head(back side) Neck base	Guilt, unable to forgive yourself. You believe you have some mistake, harsh behavior inflicted by others or yourself	Migraine	Unreleased anger, Sexual fear	Pimples	Anger outburst	Stuttering	Insecurity
Heart problem	Not listening/ignoring our feelings	Mouth	Unable to speak-up, Suppressed thoughts	Pneumonia	Giving up	Swelling	Unshed tears
Heart attack	Favoring money or status, ignoring joys of life, lack of love	Muscles	Inability to move on	PMS	Rejection of feminine problems	Teeth	Past life pain coming out to be released, indecisiveness
Hips	General support- feeling of lack of support, Fear to take a step further	Nail biting	Questioning your worth	Ringworms	Allowing others to affect you	Throat	Unable to speak up for self, Swollen anger
Insomnia	Fear/guilt	Neck	Stubborn, Stiff, Denial to see other's point of view	Sciatica	Financial problems	Thumb	Always worrying
Joints	Inflexibility, Stubbornness regarding certain situations and your attachment to it	Nerves	Sensitivity towards certain issues that are not acknowledged in the conscious mind	Sinus	Confusion, Irritation towards one person	Thyroid	Feel humiliated, Lack of freedom
Kidney	Anger. Holding on to anger	Numbness	Going dead mentally. Giving up	Slipped disc	Lack of support	Ulcers	Feel unfulfilled
Kidney Stone	Unresolved anger	Osteoporosis	Feeling lack of support	Skin	Anxiety	Urinal problem	Anger towards opposite sex
Knees	Holding on to past anger, feel unsupported Inside knee- Job, Friend/Social issues Outer knee- Personal Issues: Extreme pride, stubbornness	Ovaries	Sensitive past issues (creativity), Guilt	Snoring	Unable to get rid of old ideas	Varicose veins	Feel over-burdened, not liking the present situation
Legs	Fear of change, fear of future, family or parental issues	Over-weight	Carrying past lives burden, Insecurity, Craving for love	Stomach	Unable to digest certain issues	Vomiting	Rejection of new ideas
Lungs/ Heart	Not sharing love	Paralysis	Helplessness	Stroke	Giving up on life		